



A Generational Study on Workplace Behaviour and Motivational Drivers: A Comparative Analysis of Gen Z and Millennial Employees

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Abstract

As workplaces are changing to fit the needs of different generations, it is important to recognize generational differences for purposes of promoting productivity, encourage job satisfaction among employees as well as promote organizational integration. The purpose of this study is to investigate and contrast the motivational factors and workplace behaviours of two prominent generational cohorts: Millennials (born 1981 -1996) and Generation Z (born after 1996). This Survey article explores differences in areas such as work values, choice of Communication, technology adoption, and career progression outlooks, as well as fundamental motivating factors using primary data from surveys and interviews. The observation indicates behavioural patterns that significantly affect leadership strategies, team dynamics, and initiatives aimed at retaining talent. These findings offer valuable information to HR practitioners' corporate leaders and Business owners who wish to build a collaborative and high-performing multigenerational workplace.

Keywords: *Gen-Z, Millennials, Workplace Behaviour, Technology Adoption, Talent Retention and Multigenerational Workforce.*

Introduction

Driven by new technologies, cultural changes, and the new workforce, the contemporary workplace is transforming at a blinding pace. With the rise of new technologies, new generations have emerged such as Millennials, born from 1981-1996 and Gen Z, born after 1996. With such rapid changes, there is new a set of core expectations and behavioural tendencies (Francis & Hoefel, 2018; Deloitte, 2024). Purpose and flexibility first motivate

Millennials, while Gen Z is anchored by digital connections and self-expression (EY, 2023).

The, communication styles, technology use, and adaptability to hybrid or remote work models differ significantly across generations, often leading to misunderstandings and disengagement if not addressed strategically (McKinsey & Company, 2023).

Moreover, Millennials and Gen Z have unique learning approaches and attitudes that



influence their creative output at work. Millennials, for instance, see learning as an opportunity for growth and self-development. Thus, they appreciate self-fulfilling learning opportunities. This motivational drive, coupled with self-fulfilling learning, is likely to enhance their creative performance, as they tend to seek and innovate new approaches whenever they wish to learn (*Gabrielova & Buchko, 2021*). Generation Z, on the other hand, is pragmatic and idealistic. They consider work primarily as a means to acquire valuable skills that will be immediately handy for their careers (and elevate their standing). Under structured, target-focused learning environments that allow this generation to use new knowledge soon after, their creative output is likely to be at its peak (*Pandita et al., 2023*). Gen Z tends to link creativity more with tangible outcomes and career advancement than with personal enjoyment.

To improve workplace satisfaction and employee motivation while decreasing turnover, providing solutions to tackle the differences between the two generations is essential (*PwC, 2023*). However, there is still a lack of empirical research comparing the two generations, focusing on workplace behaviour and motivation. This research aims to analyse primary data to uncover the most notable contrasts and similarities. This analysis will offer evidence-based recommendations for human resources and business leaders on creating a more inclusive and performance-driven work environment.

The Current Study Examines the following Research Objectives

- To identify and compare the key motivational drivers of Gen Z and Millennial employees in contemporary workplaces.
- To examine generational differences in workplace behaviours, including communication preferences, collaboration styles, and adaptability to work models.
- To analyse the impact of technology adoption and learning preferences on productivity and engagement across the two generational cohorts.
- To provide evidence-based recommendations for HR professionals and business leaders on fostering a cohesive, inclusive, and high-performing multigenerational workforce

Review of literature

The modern workplace has a diverse workforce that includes people from different generations, especially Millennials born roughly between (1981 and 1996) and Generation Z born from 1997 onward. These two groups have different views, habits, and motivations. It's important to understand these differences to create a unified and effective work environment. This literature review summarizes research from 2018 to 2024 and focuses on key questions about what motivates these generations, their behaviours at work, how they adopt technology, and suggestions for HR practices.



Motivational Drivers of Gen Z and Millennials

The Research shows that while both Millennials and Gen Z value meaningful work, their motivations differ significantly. Millennials often seek opportunities for career growth, work-life balance, and recognition (*Twenge, 2019*).

In contrast, Gen Z prioritizes job security, financial stability, and a sense of belonging within the organization (*Fry, 2020*).

Workplace Behaviours Communication and Collaboration

Millennials and Gen Z also show notable differences in communication preferences and collaboration styles. Millennials generally prefer face-to-face interactions and collaborative workspaces, valuing teamwork and brainstorming sessions (*Bencsik et al., 2019*). Meanwhile, Gen Z employees, who grew up in the digital age, tend to favor digital communication tools and asynchronous collaboration (*Gonzalez et al., 2021*). This generational shift highlights the need for organizations to adopt hybrid communication strategies that cater to both preferences, improving collaboration and productivity.

Adaptability to different work models is another important area of distinction. Millennials have shown a strong preference for flexible work arrangements and often advocate for remote work options (*Kumar et al., 2022*). In contrast, Gen Z also values flexibility but places greater importance on structured environments that provide clear expectations and support (*Kaur et al., 2023*). Understanding these differences is essential

for organizations that want to create effective work models for both generations.

Technology Adoption and Learning Preferences

Technology plays a critical role in workplace dynamics. Millennials are often seen as digital pioneers, comfortable with using new technologies for productivity. However, Gen Z has a deeper relationship with technology; they are digital natives who expect technology to be seamlessly integrated into all aspects of their work (*Pew Research Centre, 2021*). A study by *Goh et al. (2020)* shows that Gen Z employees prefer interactive and gamified learning experiences, highlighting the need for organizations to use innovative training methods that align with their learning styles. Moreover, technology adoption affects productivity and engagement. Research by *Dabbish et al. (2019)* suggests that while both generations benefit from technology, Gen Z employees demonstrate higher engagement levels when using collaborative platforms that support real-time feedback and communication. This finding emphasizes the importance of investing in technological tools that fit both generations' work styles and improve overall engagement.

Adaptability to Work Models

The adaptability of these generations to different work models, whether remote, hybrid, or in-office, reveals significant differences. Millennials, who have faced various economic downturns, show a strong preference for flexibility and work-life integration (*Fry, 2020*).



Research Methodology

This study uses a descriptive and comparative research design with a mixed-method approach. We collected primary data through a structured online questionnaire that included both closed and open-ended questions. We gathered secondary data from recent literature spanning 2018 to 2024. The target population consisted of Millennial employees born between 1981 and 1996 and Gen Z employees born in 1997 and after. We used purposive sampling to gather responses from 200 participants, with 100 from each generation. For data analysis, we employed descriptive statistics, independent samples t-tests, and chi-square tests to find generational differences. We applied thematic analysis to the qualitative responses.

Limitations of the Study

- Limited to Bengaluru Urban only.
- Only 3 industries and 200 respondents.
- Surveys had self-report item bias.

Variables of the Study

The focus of this study is built upon the following variables:

- Independent Variable: Generational cohort (Millennials and Gen Z)
- Dependent Variables: Motivational drivers, workplace behaviour (communication, collaboration, work model adaptability), and technology adoption
- Moderating Variables: Gender, job role, and organizational culture

Hypotheses of the Study

H1: Motivational Drivers

There is no significant difference between Gen Z and Millennial employees regarding their motivational drivers in the workplace.

There is a significant difference between Gen Z and Millennial employees regarding their motivational drivers in the workplace.

H2: Workplace Behaviours, Communication and Collaboration

There is no significant difference between Gen Z and Millennial employees in their communication preferences and collaboration styles.

There is a significant difference between Gen Z and Millennial employees in their communication preferences and collaboration styles.

H3: Adaptability to Work Models

There is no significant difference between Gen Z and Millennial employees in their adaptability to remote, hybrid, or in-office work models.

There is a significant difference between Gen Z and Millennial employees in their adaptability to remote, hybrid, or in-office work models.

H4: Technology Adoption and Learning Preferences

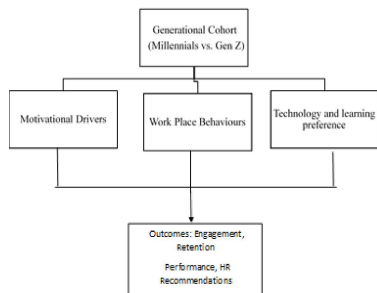
Technology adoption and learning preferences do not significantly affect the productivity and



engagement of Gen Z and Millennial employees.

Technology adoption and learning preferences significantly affect the productivity and engagement of Gen Z and Millennial employees.

Conceptual Frame work



Demographic Profile of the Respondents

The survey was undertaken with 200 individuals from Bengaluru Urban, with an equal representation of Millennials (n=100) and Gen Z (n=100). Respondents represented certain industries and roles associated with Bangalore as a city towards employment opportunities. These details are presented below;

Demographic Variable	Category	Frequency (n)	Percentage (%)
Generation	Millennials (1981–1996)	100	50%
	Gen Z (1997 and after)	100	50%
Gender	Male	112	56%
	Female	88	44%
Age	18–24 years	85	42.5%
	25–34 years	115	57.5%
Education Level	Undergraduate	75	37.5%
	Postgraduate	115	62.5%
Industry	Information Technology	90	45%
	Education Services	60	30%
	Financial Services	50	25%
Job Level	Junior-Level Employees	100	50%
	Team Leads/Supervisors	70	35%
	Senior Managers/Executives	30	15%
Location	Bengaluru Urban	200	100%



Data Analysis

Table 1 Hypothesis Testing

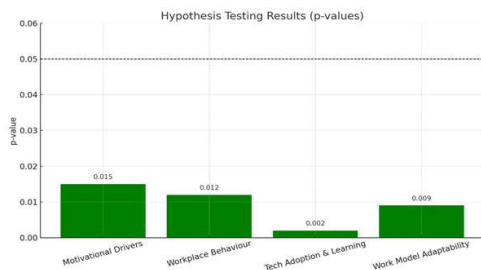
Hypothesis	Statement	Independent Variables	Dependent Variables	Statistical test used	Test Statistics	p-value	Result
H1	There is a significant difference in key motivational drivers between Gen Z and Millennial employees.	Millennials vs. Gen Z	career advancement, work-life balance, recognition, job security	Independent Samples t-test	t = 2.45, df = 198	0.015	Reject Ho – Significant difference exists
H2	There is a significant difference in workplace behaviour, including communication preferences and collaboration styles, between the two generations.	Millennials vs. Gen Z	communication preferences, collaboration styles	Chi-square Test of Independence	χ^2 (4, N = 200) = 12.76	0.012	Reject Ho – Significant difference exists
H3	There is a significant difference in technology adoption and learning preferences between Gen Z and Millennials.	Millennials vs. Gen Z	Digital tools, gamified learning, structured e-learning, real-time feedback	Independent Samples t-test	t = 3.12, df = 198	0.002	Reject Ho – Significant difference exists
H4	There is a significant difference in adaptability to work models (remote, hybrid, on-site) between Gen Z and Millennials.	Millennials vs. Gen Z	Remote, hybrid, on-site preferences; structure vs. autonomy in flexibility	Chi-square Test of Independence	χ^2 (2, N = 200) = 9.35	0.009	Reject Ho – Significant difference exists



Interpretation

The outcomes of hypothesis testing Table 01 show significant generational differences between the Gen Z and Millennial employees' motivations, behaviours, technological adoption, and workplace model readiness.

Here is a graph showing the p-values for each of your four hypotheses. All values fall below the 0.05 significance level, indicating statistically significant differences between Gen Z and Millennial employees across all tested variables.



Interpretations and Findings

The current study explored the generational differences between Millennials and Gen Z employees living in Bengaluru Urban in select industries (Information Technology, Education Services, and Financial Services). Responses were obtained from 200 participants with an equal number of Millennials and Gen Z. Findings were derived upon hypothesis testing and statistical analysis.

Demographics

- The majority of the sample had postgraduate degrees (62.5%)

- Entry- and mid- level positions comprised 85% of the workforce.
- The IT sector had the highest share of participants (45%) which is reflective of Bengaluru's predominately tech job market.
- The gender distribution (56% male, 44% female) and age (18-24 and 25-34 age spans) indicated the sample included early-career professionals.

Motivational Drivers

The study revealed significant differences in motivational drivers: -

- Millennial respondents valued career advancement, balance of life and work, and recognition/reward.
- Gen Z respondents valued job security, financial stability, and supportive/workplace culture.

This supports the findings in the literature (for example, Twenge, 2019; Fry, 2020) that there is a need for generation-specific human resources strategies.

Work and Communication Style

The study did find clear generational distinctions in work and communication styles:

- Millennials preferred face to face, group work, and informal group work; whereas
- Gen Z leaned towards digital communication tools and collaborative group environments.



These traits indicate the need for hybrid communication strategies

Technology Adoption and Learning Preferences

- For Gen Z as digital natives, the study revealed a preference for interactive, gamified learning and immediate feedback tools, whereas the Millennial respondents were comfortable with technology, but preferred structured e-learning and original tool-using new tools.
- The current study finding reinforces the need for adaptive training models and modern platforms, that would adequately serve and facilitate the two groups of workplaces using and learning approaches.

Adoptability to Work Models

- Both generations supported flexible work, however, both generations had different preferences regarding the structure of flexibility with the same intention of maintaining job quality.
- Millennials wanted the ability to work remotely from anywhere in order to integrate work-life balance.
- While Gen Z preferred more structure with their flexibility. They wanted to know the terms of engagement, the expectations for their work, and the support available for their work-centric on their engagement.
- Organizations will need to develop work models that balance autonomy and

flexibility with structure, in order to meet the desired preferences for both generations.

Conclusion

This research has focused on the important generational differences that exist between Millennial and Gen Z employees with respect to motivation, behaviour, communication style, technology uptake, and adjusting to new ways of working. The study gathered primary data from 200 respondents in Bengaluru's urban workforce across the three main industries: Information Technology, Education Services, and Financial Services, and gaps and nuances were clearly evidenced which emphasized how their traits and expectations were different.

The findings illustrate how both generations value that work is meaningful, and they want flexibility; but their motivational drivers and behavioural approach to work were shown to be quite different. Millennials want to advance in their career and be autonomous, while Gen Z is looking for job security, mental well-being, and considerable support / structure. When it came to communication, Millennials are more likely to consult others face-to-face and collaborate with others, while Gen Z are generally approaching contact with others digitally and in an asynchronous manner.

The research highlights the necessity for organizations to adopt flexible and inclusive strategies around these characteristics that meet the unique characteristics of each cohort. Employing professionals, managers, and organizational leaders need to understand and



come to terms with these generational needs if they are going to build a cohesive, motivated, high-performing multi generational workforce.

At the very least understanding generational diversity is not just merely improving employee satisfaction in the workplace; it is a crucial element of organizational development and a key component of innovation and employee retention in today's workplace.

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